

OUR COMMUNITY

Invested in You

SPECIAL DIGITAL EDITION | APRIL 2020



DOING THEIR BIT IN A CRISIS

COVID-19 response by Birmingham Business Park occupiers



Gold winner
International Green Apple Awards 2018 and 2019



**Birmingham
Business Park**

Managed by



It is truly inspiring, humbling and uplifting witnessing the call to action and collaboration of many of our occupiers at Birmingham Business Park in these unprecedented times.

We thank you all for your continued support, efforts and compassion.

This is a special edition to highlight and celebrate how our occupiers are responding to and supporting the COVID-19 challenges.



Liz Allister,
Park
Development
Manager



BIRMINGHAM BUSINESS
PARK ACHIEVE SILVER
CSR ACCREDITATION



Our Community magazine is produced for Birmingham Business Park by Edwin Ellis Creative Media
www.edwinelliscreativemedia.com

RAPID RESPONSE: THE BUSINESS PARK

IMI ADAPTS FOR VALVE PARTS

 Norgren, part of IMI plc, is stepping up to support the life science industry around the world to manufacture component parts for ventilators required to help save lives during the Coronavirus Pandemic.

Working collaboratively with customers and authorities around the world, Norgren has rapidly adapted its Switzerland and UK manufacturing sites to meet the current challenging demand.

IMI has acquired special status from the Swiss authorities to undertake extended hours of production of its FAS Flatprop valve during the week and over the weekend.

The current semi-automatic production line at the Switzerland manufacturing plant is in the process of being transitioned to fully automatic status. Production will be manned by three shifts working around the clock and special in-house employee support systems have also been introduced for childcare provision to enable the manufacturing staff to devote the maximum time available to the production.

In Fradley, Lichfield, teams are ramping up production of the Norgren RMI Pressure Regulator which is being used as a key component in UK Ventilator production.

Martin Maas, Managing Director of Fluid Technology EMEA, said: "The current demand for ventilation solutions from worldwide healthcare systems has put pressure



Engineering experts meet urgent demand for ventilator valve components

on all parts of the supply chain. Our parts are important components within the ventilator. As such we are working in partnership with ventilator manufacturers on an international basis to ensure we

speedily supply the valves they need to help save lives. Our teams are working extremely hard to rapidly adapt our manufacturing capabilities so that we can meet this critical need.

"The flexibility demonstrated by our committed and skilled workforce, allied to our production abilities, means we are confident we can help play our part in delivering what is required during these challenging times."

For more information visit
www.norgren.com

COMPANIES COLLABORATING TO COMBAT COVID-19

ROLLS-ROYCE JOINS UK VENTILATOR CONSORTIUM



 Rolls-Royce is part of the VentilatorChallengeUK Consortium which has been working hard to investigate production of a range of ventilator design options to help increase the UK's supply of ventilators.

The consortium has now received a formal request from the UK Government to accelerate production of the agreed designs, based on existing technologies, which can be assembled from materials and parts in current production which are readily available within the UK supply chain.

Craig Askew, Rolls-Royce Executive Vice President of Control Systems, said: "Rolls-Royce has a crucial role to play in the fight against COVID-19. We are proud to be playing our part in a consortium dedicated to scaling up production of much-needed ventilators and will be focused on working at full-speed to provide devices which can help save lives. I would like to thank all my colleagues for rising to this challenge."

VentilatorChallengeUK sees country's top designers and engineers working together

Rolls-Royce's role in the consortium is to set up a parallel supply chain to feed in materials as quickly as possible to a new assembly plant being delivered by GKN. This is needed as the existing supply chain needs to focus on increasing supply to the existing manufacturer. The team are applying their skills and expertise to a completely different product and industry. Key challenges include identifying, contracting and getting up to speed a range



of appropriate suppliers. This work is absolutely crucial and the team are focused on ensuring the supply chain produces components of the right quality as well as at the right rate – both are equally important and Rolls-Royce will be working in collaboration with Siemens Medical to ensure this happens.

Nigel Pearce, Programme Leader on the project said: "It has amazed me how well people have reacted to this situation in such a difficult time. We are pulling together the collective talent of the Rolls-Royce team to support this project at pace.

"They are being briefed on the enormity of the ramp up rate in a new supply chain.

"Then without blinking, in minutes they are rolling their sleeves up and coming up with great ideas, structure and personal drive to make what seems like the impossible become possible to

support the country at this time."

The team is growing all the time and currently includes controls, valve and pump specialists who normally work in Controls business in Solihull and commercial, procurement and programme management specialists usually based in the Derby campus.

Rolls-Royce expects the team to grow significantly in the coming days and are also using resources in the US, so it can work around the clock.

Once the supply chain is set up, Rolls-Royce will be working with Accenture to keep materials moving. The company is also assessing its manufacturing and assembly capabilities in Solihull and elsewhere to understand whether it can further assist this vital programme.

In addition, Rolls-Royce continues to offer wider support to the Government and other companies, organisations and groups who are aiding in the delivery of additional ventilators to the NHS at this unprecedented time.

NEC USED AS TEMPORARY FIELD HOSPITAL

The NEC is providing its space and facilities to the NHS, in order to build and operate NHS Nightingale Birmingham, which provides additional NHS hospital capacity during the COVID-19 outbreak.

NHS Nightingale Birmingham has started with up to 500 beds equipped with the capacity to increase beds up to 2,000 if needed.

The mortuary at Birmingham Airport initially has space for 1,500 bodies but could expand to take 12,000 and could end up taking bodies from across the West Midlands, including deaths not related to coronavirus.

NEC Group Chief Executive Paul Thandi said: "We have been working with our brilliant NHS and the MOD to plan, build and open a field hospital as quickly as possible, to help combat the life-threatening situation our country faces in dealing with COVID-19. We will now offer the necessary resource and assistance in adapting the NEC appropriately, ready for imminent use."

An Airport spokesperson said: "Birmingham Airport can confirm it is working with the authorities to provide land and a hangar for a temporary mortuary site at the Elmdon side of Birmingham Airport. This mortuary is anticipated to accommodate the deceased from across the region, including those not related to coronavirus. Birmingham Airport will do its utmost to support this multi-agency response during these difficult times."

RAPID RESPONSE: THE BUSINESS PARK

MINEBEA INTEC PLAYS VITAL ROLE

Support for critical work in pharmaceuticals

 Industrial weighing and inspection technologies provider Minebea Intec has taken steps to ensure it can continue to provide service engineering to vital industries, such as food, pharmaceutical and medical, which need to continue and in some cases are required to upscale production.

The continued production of these industries in some cases relies on the service provided by Minebea Intec and any breakdowns affecting production are its main

priority during the coronavirus pandemic. Minebea Intec has been in communication with respective governments in order to ensure it can provide onsite support in anticipation of mandatory lockdown situations.

All engineers are currently tested for COVID-19 symptoms on a daily basis and they are provided with the recommended respiratory masks and surgical gloves, following the WHO recommendations.

In order to minimise the risks associated with travel Minebea

Intec is using the new service tool MiRemote as an immediate first response. This tool, based on AR technology is used to analyse, qualify and diagnose faults from any device with a camera, no special software is required. It is likely that the burden on these industries is set to increase over the next months linear to the numbers of infected. Minebea Intec considers this its social responsibility to do everything the company possibly can to keep these industries producing throughout this period.



SUPPORT FOR KEY WORKERS

Wiggles & Giggles Day Nursery is staying open during the coronavirus crisis to a small number of children of key workers.

Staff are uploading content to social media several times a day for story times, along with activities to do from home. Staff are also teaching British Sign Language using a daily video showing a new sign to learn.

Wiggles & Giggles enables children to play, learn and grow in a holistic nature. The nursery, based at the Waterside Centre, offers creative, fun, play-based learning as well as activities which are focused on specific goals.

COMPANIES COLLABORATING TO COMBAT COVID-19

KEEPING NETWORKS MOVING

Goodyear helping fleets stay on the road

 TruckForce is Goodyear's international service network, specialising in the complete life cycle management of truck tyres.

With over 2,000 partner locations across Europe, TruckForce provides assured service and a premium experience across their extensive network. Amongst the fleets in which TruckForce helps to maintain are logistics vehicles belonging to the UK's leading supermarkets. In a time where efficiency across supermarket fleets has never been more essential, the TruckForce network has been managing tyres and keeping vehicles on the road.

Goodyear's retail brand, HiQ, has also been servicing the UK's blue light vehicles through this difficult time. HiQ provides a 'fast fit you can be sure of' which is certainly true for the UK's blue light service.



Both TruckForce and HiQ will continue to work behind the scenes contributing to keeping the nation well fed and safe.

CHANGAN UK DONATES MASKS

Changan UK has donated face masks to a Solihull centre which is providing a vital service for disabled adults and carers.

The Better Living Centre, based at The Elmdon Trading Estate on Bickenhill Lane, works to provide help and support to elderly adults, young disabled adults and carers. It gives free and impartial advice from trained staff and demonstrations of useful gadgets, adaptations and equipment.

Changan UK recently launched a new research and development test centre at its Parkside facility on Birmingham Business Park and is keen to support local communities throughout the COVID-19 outbreak.

CSI OFFERS IT SUPPORT ACROSS UK

Digital performance and systems integration company CSI has been providing 24x7 IT services and support to NHS Trusts, pathology testing laboratories and biotechnology research companies.

CSI, headquartered at Trident Court at Birmingham Business Park, is also supporting the IT operations of several national logistics organisations that are ensuring supermarkets remain stocked with essential supplies – as well as home delivery companies that are busier than ever.

One leading retailer has seen online shopping orders soar to twice the previous peak seen during last year's Black Friday sales, and fortunately all underlying IT systems and services are coping without any performance issues.

From the first day of the new guidance on working habits, CSI has also been busy helping companies to enable their staff to work from home – from increasing capacity to ensuring that data is secure in new environments.

CSI's operating centres will continue to work around the clock ensuring essential services are maintained – of course, while protecting its own staff in line with government recommendations.

CSL SEES 20% RISE IN DEMAND

Birmingham Business Park-based Corporate Solutions Logistics has increased its number of deliveries by 20% – higher than pre-Christmas peak – to support leading supermarket chains such as Lidl during the coronavirus outbreak.

CSL has 120 44t GPW vehicles with dual-evaporator fridges across 12 UK distribution centres delivering temperature controlled and ambient food deliveries to 700 UK supermarkets. Throughout this time, the company has implemented rigorous hygiene systems such as, anti-bac wipes and driver facemasks – that are there to protect our frontline key-workers, operational office staff and drivers.



RAPID RESPONSE: THE BUSINESS PARK

SULZER'S FREE CHECKS FOR NHS

Nationwide initiative to ensure critical NHS equipment is ready



Sulzer offers a range of specialist electrical condition monitoring services designed to maximize plant availability

 As a contribution to the ongoing global fight against Covid-19, Sulzer Rotating Equipment Services UK has launched a support service to help the National Health Service (NHS) professionals.

With a network of 19 service centres located strategically across the United Kingdom, the management team have developed an initiative offering all NHS hospitals a free of charge health check of

critical plant and equipment. Our field service teams will carry out a range of condition monitoring services such as vibration analysis, thermographic imaging, bearing temperature checks and visual inspections of installed pumps, motors, generators and associated rotating machinery, ensuring that the critical equipment is ready to perform efficiently when required.

The focus of this service is to capture and prevent premature

equipment failures therefore avoiding unforeseen downtimes at these critical facilities - something that all hospitals can do without, especially, during these unprecedented times.

The UK Sales Team is currently contacting all UK Hospital Estate Managers and Facility Management providers to discuss the details of this initiative and to determine where Sulzer can provide front line support.

CANON MEDICAL WORKS ON GENE TESTING SYSTEM

Experience of global medical emergencies

Canon Medical Systems Corporation (Canon Medical) has announced the start of development of a rapid genetic testing system for COVID-19, reaffirming the company's commitment to the basic research and development of rapid diagnostic test kits.

This project is part of a research program focusing on the development of diagnostic methods for COVID-19 led by the Japan Agency for Medical Research and Development (AMED).

Canon Medical was selected to participate in this research program in co-operation with Nagasaki University. This was in recognition of Canon Medical's strength in leveraging the

company's technologies in delivering practical solutions to support medical emergencies, notably by supplying Ebola rapid test kits to the Republic of Guinea in 2015, donating Ebola rapid test kits to the Democratic Republic of the Congo in 2019, and through the manufacturing approval and sale of the Genalyzer KIT (a reagent kit for Zika virus RNA testing) in 2018.

The test and the reagents developed for COVID-19 RNA testing is based on the LAMP method developed by Eiken Chemical Co., Ltd., and are used with a compact isothermal amplified gene fluorescent detector manufactured by Canon Medical to detect the presence of virus.



COMPANIES COLLABORATING TO COMBAT COVID-19

12 weeks of wellbeing calendar

If you have any questions, please contact your BHF Fundraising Manager, Donna Stokes on 07714 06112 or email stokesd@bhf.org.uk

bhf.org.uk

KEEP YOUR HEART HEALTHY

What are heart and circulatory diseases?

If you've been told that you're at risk of heart and circulatory diseases, such as a heart attack or a stroke, this leaflet is a good place to start learning about how you can lower your risk.

Heart and circulatory diseases kill 1 in 4 people in the UK. It begins when fatty material builds up in your arteries (the blood vessels that carry blood to your organs). If the arteries that carry blood to your heart get damaged and clogged, it can lead to a heart attack. If this happens in the arteries that carry blood to your brain it can lead to a stroke.

Artery in the heart getting blocked Artery in the brain getting blocked

to reduce your risk of heart and circulatory diseases

My readings

Measurements

Date:	
Weight measurement:	
Height:	
Body mass index (BMI):	

Cholesterol

Date:	
Cholesterol:	

Blood pressure

Date:	
Blood pressure:	

BMI = weight (kg) / height (m)²

Underweight - you may need to gain weight:	Less than 18.5
Ideal - you are a healthy weight, and should aim to stay that way:	18.5 - 24.9
Overweight - it's a good idea to lose some weight, or at least try to lose further weight gain. Being overweight can increase your risk of health problems:	25 - 29.9
Obese - losing weight will improve your health:	30+

Body calculators

Waist measurement

People who carry more than abdominal fat (belly) are at a greater risk of developing conditions such as cardiovascular disease and diabetes.

Men	Increased risk to health: More than 94cm (about 37")	High risk to health: More than 102cm (about 40")
Women	More than 80cm (about 31.5")	More than 88cm (about 34.5")

South Asians High risk to health: More than 90cm (about 35.5")

Women More than 80cm (about 31.5")

How to measure your waist:

1. Find the top of your hip bone and the bottom of your ribs.
2. Breathe out naturally.
3. Place the tape measure mid way between hip bone and ribs and wrap it around your waist.
4. Check your measurement in the table above.

Blood pressure and cholesterol

Your GP and some pharmacies can measure your blood pressure and cholesterol levels.

PERSONAL GOAL SHEET

Name: _____

Date: _____

HEART HELPLINE 0300 330 3311

community.bhf.org.uk

FIGHT FOR EVERY HEARTBEAT

MEASURING A HEALTHY WEIGHT

This information sheet provides practical information for employees who want to reach a healthier weight:

- Check your BMI and Waist Circumference.
- Calculate your daily calorie allowance based on your activity levels.
- Find out how many calories you should be consuming to maintain your current weight or to lose weight.

FIGHT FOR EVERY HEARTBEAT

bhf.org.uk

Look at food labels

Always read the label on packaged food. Try to eat mostly **greens** and **ambers**. The label should have guidance on portion size too.

	FAT	SUGARS	SATURATES	SALTS
LOW Healthier choice	3g or less	5g or less	1.5g or less	0.3g or less
MED OK most of the time	3.1g to 17.5g	5.1g to 22.5g	1.6g to 5g	0.3g to 1.5g
HIGH Just occasionally	More than 17.5g	More than 22.5g	More than 5g	More than 1.5g

All measures per 100g

BHF CREATES WELLBEING SUPPORT RESOURCES

Guides to advise on healthy hearts during new home-work routines

During these challenging times, British Heart Foundation is aware that a large number of employees within organisations (including BHF!) have switched from working in offices or out in the community to remote working from home.

Keeping everyone motivated, engaged, connected and providing social interaction can be a difficult balance to achieve especially as we all had so little time to prepare for this type of working.

Birmingham Business Park-based British Heart Foundation is sharing its 12 weeks of wellbeing calendar detailing suggestions for a different health topic each week and the resources to accompany the topics.

The resources feature useful and important information about maintaining a healthy weight, healthy foods and keeping your heart healthy, with personal goal sheets and other motivational information.

To receive the wellbeing updates, further resources or additional information please contact Clare Cassidy at cassidy@bhf.org.uk or 07802 181646

180 EASTER EGGS FOR AGE UK SOLIHULL

BBP companies make kind donation

 Birmingham Business Park occupiers and suppliers are leading the support for our charity partner Age UK Solihull by donating over 180 Easter eggs, which were handed out to local elderly people.

Age UK Solihull has set up an emergency fundraising appeal with a target of £25,000, which will go to help those most in need and to keep the charity's vital services operating during and after the coronavirus outbreak.

As a local charity, all money raised will be used to support local Solihull residents.

The charity has been inundated with calls from older or vulnerable people needing help during the pandemic.

Members of the local community have been quick to come forward, offering to shop, deliver items to isolated people and to keep in touch by phone, but more help is needed.

While the pressure on Age UK Solihull's services is increasing, they have also had to cancel several fundraising events,



missing out on thousands of pounds.

Age UK Solihull would like to thank Birmingham Business Park and those who have donated to its fundraising campaign, and is asking them to keep the support coming.

Lorraine Hart, Fundraising Manager at Age UK Solihull, said: "We are so grateful to the businesses on the Park for donating Easter eggs for our older people.

"Times are challenging to say the least at the moment, particularly for the elderly and vulnerable, so to give them a little cheer at Easter and for them to know that people are thinking of them, is absolutely wonderful. Thank you to all who donated. If anyone needs Age UK Solihull's help, they can call 0121 704 7840."

THE AGE UK SOLIHULL CORONAVIRUS APPEAL:
WWW.AGEUK.ORG.UK/SOLIHULL/GET-INVOLVED/CORONAVIRUS-EMERGENCY-APPEAL/



ST GEORGE'S DAY WALK FOR AGE UK SOLIHULL

Time: 12.30-1.30pm

Find out more at: <https://www.eventbrite.co.uk/o/age-uk-solihull-8290677322>

Venue: Gazebo, Main Lake

Stretch your legs on your lunch break, recognise the Patron Saint of England and help raise money for Birmingham Business Park's 2019/20 route (suitable for all abilities and wheelchairs) with friends and colleagues with certificate awarded upon completion and street food available to purchase.

NEW DATE TO BE CONFIRMED

Age UK Solihull support services

HOME SUPPORT SERVICE

www.ageuk.org.uk/solihull/services/home-support-service/

COMMUNITY ADVICE SERVICE

www.ageuk.org.uk/solihull/services/community-advice-hubs/



CONSIDER YOUR MENTAL WELLBEING

Ten tips to look after your mental health during the coronavirus lockdown

CONSIDER HOW TO CONNECT WITH OTHERS

Maintaining relationships with people you trust is important for your mental wellbeing. Think about how you can stay in touch with friends and family via telephone, video calls or social media instead of meeting in person – whether it's people you normally see often or connecting with old friends.

HELP AND SUPPORT OTHERS

Think about how you could help those around you – it could make a big difference to them and can make you feel better too. Could you message a friend or family member nearby? Are there community groups that you could join to support others locally? Remember it's important to do this in line with guidance on coronavirus (COVID-19) to keep yourself and everyone safe. And try to be accepting of other people's concerns, worries or behaviours.

TALK ABOUT YOUR WORRIES

It is quite common to feel worried, scared or helpless about the current situation. Remember that this is a difficult time for everyone and sharing how you are feeling and the things you are doing to cope with family and friends can help them too. If you don't feel able to do that, there are people you can speak to via NHS recommended helplines or you could find support groups online to connect with.

LOOK AFTER YOUR PHYSICAL WELLBEING

Your physical health has a big impact on how you are feeling emotionally and mentally. At times like these, it can be easy to fall into unhealthy patterns of behaviour which in turn can make you feel worse. Try to eat healthy, well-balanced meals, drink enough water, exercise inside where possible and outside once a day, and try to avoid smoking, alcohol and drugs.

LOOK AFTER YOUR SLEEP

Feeling anxious or worried can make it harder to get a good night's sleep. Good-quality sleep makes a big difference to how you feel mentally and physically, so it's important to get enough.

TRY TO MANAGE DIFFICULT FEELINGS

Many people find the news about coronavirus concerning. However, some people may experience such intense anxiety that it becomes a problem. Try to focus on the things you can control, including where you get information from and actions to make yourself feel better prepared.

MANAGE YOUR MEDIA AND INFORMATION INTAKE

24-hour news and constant social media updates can make you more worried. If it is affecting you, try to limit the time you spend watching, reading, or listening to media coverage of the outbreak.

GET THE FACTS

Gather high-quality information that will help you to accurately determine your own or other people's risk of contracting coronavirus so that you can take reasonable precautions. Find a credible source you can trust such as GOV.UK, or the NHS website, and fact check information that you get from newsfeeds, social media or from other people.

THINK ABOUT YOUR NEW DAILY ROUTINE

Life is changing for us all for a while. Whether you are staying at home or social distancing, you are likely to see some disruption to your normal routine.

KEEP YOUR MIND ACTIVE

Read, write, play games, do crossword puzzles, sudokus, jigsaws or drawing and painting. Find something that works for you.

Source: gov.uk

DOING GOOD IS GOOD BUSINESS

Birmingham Business Park awarded Silver CSR Accreditation Mark

 Birmingham Business Park is proud to announce that it has been awarded a Silver CSR-Accreditation in recognition of its social responsibility work undertaken.

It is now more important than ever to show that we are doing everything we can to improve the world we live in for future generations, not only by reducing the negative impact we have on the environment, but by building a better and cohesive society. It's amazing what we are already doing that we don't talk about.

The CSR Accreditation has provided BBP the perfect opportunity to tell its positive story.

CSR is about continuously improving the business and the impact it has on everyone and with a structured approach, Birmingham Business Park has been able to raise its profile and build a reputation as a responsible and caring business. In recognition of the Park's CSR Accreditation CSR-A have planted a tree in its name as part of the Green Earth Appeal and have automatically been entered into the International CSR Excellence Awards.

CSR Accreditation encourages



Birmingham Business Park's allotments are giving older Solihull residents a place to visit and grow vegetables

a culture of sustainable and social purpose with profit. It has many advantages that can apply to any business, regardless of its size or sector.

Positive CSR improves a company's public image and relationship with stakeholder, clients and consumers.

Customers want to trust organisations they engage with. Employees want to work for values-driven employers and investors want to know that a company is addressing its ethical responsibility.

Liz Allister, Park Development Manager, said: "By working on our CSR, we have been able to ensure that all the community and not



just our occupiers, see us for the business we are, one that is keen to give back to the community.

"The business benefits for us have been significant and have contributed to our development as a business and the development of our team.

"We collaborate with local charities, schools and grass-roots sports clubs.

"We also support fundraising, sponsorship, career talks, community allotments, food bank, charity quizzes, carol concerts and events and activities for our local community, which our occupiers fully endorse."

For more information on how your organisation can become CSR Accredited visit:

www.csr-accreditation.co.uk



24/7 SECURITY PATROLS

Birmingham Business Park security personnel have stepped up their patrol duties to provide reassurance to tenants and occupiers during office closures due to coronavirus.

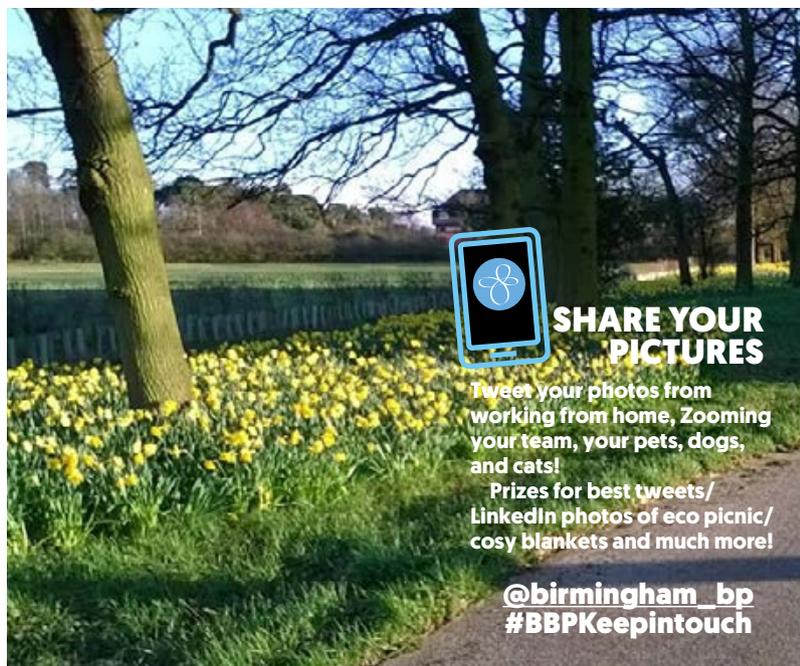
Teams of two security officers patrol the park estate between 6am-6pm and again between 6pm-6am.

PARK FOOD BANK DONATIONS SOUGHT



Birmingham Business Park is accepting non-perishable food donations for Age UK Solihull and dog food, treats and toys for Birmingham Dogs Home.

The food bank is situated outside the Park Management Office.



SHARE YOUR PICTURES

Tweet your photos from working from home, Zooming your team, your pets, dogs, and cats!

Prizes for best tweets/ LinkedIn photos of eco picnic/ cosy blankets and much more!

@birmingham_bp
#BBPKeepintouch

PARK LIFE Online wellbeing events and shopping

WELLBEING: ALL ONLINE

MINDFULNESS EVERY THURSDAY

Time: 1.10pm-1.50pm

Online via Zoom.

Please email lorraine@wastoflourish.com or call 07538 275113 to register your place or for more details.

All you will need is a laptop, tablet or smartphone and quiet place to take part in the session.

TAI CHI 23RD APRIL

Time: 12.30pm-1.15pm

Online via Zoom.

Please email Julia bookings@hatton-taichigong.com or call 07795 498949 for further details and how to join the sessions.

BE SPOILT: ALL ONLINE

THE BODY SHOP

Online at The Pamper Place, Facebook. 25% off majority of Body Shop products for just £2.50 delivery charge.

FREE delivery for any orders over £25.

Join Facebook group "The Pamper Place by Katie" for latest offers, email contact Katie Smith 07891 225868 or The_pamper_place@outlook.com

WICKS OF WATER ORTON WAX CANDLES

Online at www.wicksofwaterorton.co.uk

Independent local business producing hand poured wax candles, 100% soy wax, paraben free. Please visit: www.wicksofwaterorton.co.uk and order online. Wicks also offers a gift service on the website.



DOGS' HOME CALL FOR HELP

Like so many charities up and down the country and here on our doorstep, Birmingham Dogs Home needs support to continue caring for homeless dogs, as their dedicated team continue providing daily food, exercise and love behind closed doors, with both of their Birmingham and Wolverhampton centres closed to the general public.

A great way to support local charities is through Amazon Smile, in which Amazon donates 0.5% of the net purchase price (excluding VAT, returns and shipping fees) of eligible purchases to the charitable organisation of your choice.

Just visit smile.amazon.co.uk/ and select Birmingham Dogs Home as your nominated charity.

You can also raise free donations every time you shop online with major retailers using www.easyfundraising.org.uk

Over 4,000 shops and sites will donate, including all big names like eBay, John Lewis & Partners, Argos, ASOS, Expedia, M&S, Just Eat, Uswitch and many more.

